

# We can help save your life.

**Heart disease is the No. 1 killer of women.**



## **FREE Complete Cholesterol Tests for Women during February**

Provided by Sorooptimist International of Calaveras County

Sorooptimist International of Calaveras County (SICC) provides financial support for this vital test during February, working with Mark Twain Medical Center. Since 1947, SICC has improved the lives of women and girls in Calaveras County. To learn more call 753.9700.

## **February is American Heart Month**

We are celebrating the American Heart Association's "Go Red for Women" movement. For 14 years "Go Red" has raised awareness that heart disease is the No. 1 killer of women and has also promoted healthy lifestyle choices for everyone.

## **This test could literally save your life!**

Every woman should have a complete cholesterol test (lipid panel) that measures good and bad cholesterol and triglycerides that includes a risk evaluation for heart disease and stroke.



**Dignity Health™**  
Mark Twain Medical Center

**Family Medical Centers**  
**Appointments 754.2968**

### **FREE at Our Family Medical Centers and the Hospital**

**Angels Camp 736.0813**  
Angels Towne Center

**Arnold 795.4193**  
Meadowmont Center

**Copperopolis 785.7000**  
Lake Tulloch Plaza

**Valley Springs 772.9538**  
La Contenta Plaza

**Mark Twain Medical Center 754.3521**  
768 Mountain Ranch Road, San Andreas